

# THEORY OF CHANGE

#### **OUR MISSION**

To enable life-changing mentoring relationships to ignite the power and potential of young people

### WHO DO WE SERVE?



Young people who face adversity AND

are in need of an additional consistent and supportive Developmental Relationship<sup>1</sup>

## HOW DO WE IGNITE POTENTIAL?



- » By intentionally recruiting based on the needs of a community's young people
- » By matching young people with a professionally screened volunteer mentor
- » By monitoring and supporting that match with a professional caseworker
- » By training and supporting the mentor, the mentee and the family
- » By building a Developmental Relationship between the mentor and the mentee that: Expresses Care; Challenges Growth; Provides Support; Shares Power; and Expands Possibilities

» By **graduating** the match relationship towards natural support

#### WHAT IS THE IMPACT?



Young people graduate our programs with measurable outcomes:

# SOCIAL EMOTIONAL COMPETENCE

- » Relationship skills
- » Social awareness
- » Responsible decisionmaking
- » Self-management
- » Self-awareness

## MENTAL HEALTH & WELLBEING

- » Positive identity
- » Mental wellness
- » Social inclusion & empowerment

## EDUCATIONAL ENGAGEMENT & EMPLOYMENT READINESS

- » School connectedness
- » Commitment to learning
- » Enhanced constructive use of time

1 "Developmental Relationships Framework." © 2018 Search Institute, Minneapolis, MN. www.search-institute.org